**Asian preference-based measure 7 dimensions (AP-7D) instrument**

Think about your health during the past week. Please select the box that best applies to you. Health includes both physical and mental health.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Not at all | A  little | Quite  a bit | Very much |
| 1. I was in pain or discomfort and it prevented me from doing what I wanted to do. | □ | □ | □ | □ |
| 2. I was anxious or depressed. | □ | □ | □ | □ |
| 3. I lacked the energy to do things. | □ | □ | □ | □ |
| 4. I had difficulty walking (or moving with the support of a wheelchair). | □ | □ | □ | □ |
| 5. My health affected my ability to work (outside or inside the home) or go to school | □ | □ | □ | □ |
| 6. Because of my health, I had less interaction with family, close friends, and such. | □ | □ | □ | □ |
| 7. Because of my health, I felt I was a burden to others. | □ | □ | □ | □ |

 

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